

Footsteps of Change



School Consultation

What Does the Service Look Like?

School consultation services are initiated by school districts in order to address challenging behavior or skill acquisition needs in the school setting. Services begin with an assessment to identify the reason the problem behaviors are occurring or why progress is not being made toward skill acquisition goals. The assessment typically includes interviews with teachers & other school staff as well as direct observation of the student. Once the function (reason) or deficit areas are determined, the Footsteps of Change clinician develops treatment strategies that reduce the frequency of challenging behavior and/or teach particular skills. After the plan is reviewed with the team, the clinician trains the staff on how to implement the plan and provides on-going coaching and feedback sessions until all team members are comfortable and positive change has been observed. Once the plan is shown to be effective, based on predetermined criteria, the clinician fades the frequency of coaching and follow-up consultation until the team is able to maintain progress without assistance.

What is the Cost?

School consultation is billed at an hourly for direct services only. Direct services include activities such as meetings, observations, and trainings. Indirect services, such as report writing and data analysis, are provided free-of-charge. Costs are typically highest during initial months and decrease as progress is made. Discounted rates may be considered for yearly contracts.

Are Families Included?

Family involvement varies greatly from case to case, but it is always the intention to involve family members as much as is possible and as is relevant to the specific needs. Where appropriate, both the assessment and treatment strategies include the family, and Footsteps of Change clinicians may work across both settings.

How Long Does it Take?

Services typically last 3 to 6 months; however, the amount of time varies greatly due to the wide range of needs across students. Some factors that impact the length of services include the goal(s) being targeted, complexity of the plan, and adherence to the plan.



Contact Us for More Information

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Invigorating hope, one step at a time